

FITNESS CENTER CARD # _____

EMERGENCY/WAIVER FORM

NAME _____ BIRTHDATE (MO/DY/YR) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE _____ WORK PHONE _____ CELL _____

BORO/TWP _____ E-MAIL ADDRESS _____

IN THE EVENT OF EMERGENCY, PLEASE CONTACT:

NAME _____ PHONE _____

In consideration of being allowed to participate in any physical activity or athletic/sports event sponsored by East Hills Recreation, and any related events and/or activities on the premises of East Hills Recreation Fitness Center, and intending to be legally bound, the undersigned:

1. Agree that, prior to participating, they will inspect the facilities and equipment to be used, and if they believe anything is unsafe, they will immediately advise a staff member of East Hills Recreation of such condition(s) and refuse to participate.
2. Acknowledge and fully understand that each participant will be engaging in activities that may involve risk of serious injury, including permanent disability and death, and severe social and economic losses which might result not only from their own actions, inactions or negligence of others, the rules of play, or the condition of the premises or any equipment used. Further, we acknowledge that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assume all foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.
4. Release and waive, discharge and covenant not to sue East Hills Recreation, their respective administrators, directors, agents, coaches and other employees of the organization, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used to conduct the event all of whom are hereinafter referred to as "releasees," from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by negligence of the release or otherwise.

THE UNDERSIGNED HAVE READ THE ABOVE WAIVER AND RELEASE, UNDERSTAND THAT THEY HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT VOLUNTARILY.

Signature of participant

Date

Signature of participant's parent or guardian if participant is a minor